



“Every Day”

By Trustee Olga Summerville

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Scripture for Mediation

I Timothy 4:4-5

“For everything God created is good, and nothing is to be rejected if it is received with thanksgiving, because it is consecrated by the word of God and prayer.”

30 Day Gratitude Journal:

Write about how an “attitude of gratitude” has blessed your life.

30 Day Gratitude Challenge:

Using your five senses, list 5 things you are grateful for.

Prayer Concentration:

Pray a prayer of gratitude for the mothers that you know.

Today’s Prayer Concerns:

Heavenly Father and faithful friend, thank you for supplying all of our needs according to your riches in glory. Thank You for satisfying our thirst and filling our hunger. Help us to forever live a life of thanksgiving through our faithfulness to You. In Jesus name we pray, **amen**.

Observation

Although the world seems full of increasing challenges and hurdles these days, every single day is a gift to me. I remain thankful for the start of every morning and the end of every evening. For everyday strength, for everyday love, for everyday faith, everyday happiness and even my everyday trials, I’m grateful. Yes, even the trials. You see the trials, though painful, has this odd power of “strengthening us” on the way out. Thankfully, my faith and trust in GOD is always larger than the trial. Larger than the “every day”.

Nobody ever said happiness and joy comes in a straight line. Life sends us “curve balls” sometimes, ex; pain, disappointment, fear, doubt, and yet, with my unstoppable faith, I choose to believe that I can still handle the next day, every day”. With the gifts of God’s love for me, my love for God, time and nourishing relationships, I get to look to every day as another chance to get closer to God.

My gratitude for this Thanksgiving centers around the clear reality that every day that I am blessed to witness, could actually be my last day here on earth. Therefore, my gratitude & thanksgiving is invested in the present day, not in yesterday’s accomplishments, nor the hope & goals for tomorrow, but for the present day.

I’m thankful for the everyday strength to power through all of God’s tasks assigned to me. Until my assignment here is up, with God’s amazing grace, I will show up and both live and love stronger for each and “every day”.

Questions to Ponder

- I. Name an “Every Day” blessing for which you are thankful.
